





Lesson Plan: Social Communication

Topic: Self-control and polite behaviour

a) Education objectives:

Students are able to explain the nature of self-control and basics of polite behaviour.

b) Gained knowledge:

Students know the concept self-control and the rules of polite behaviour.

c) Methodology:

- Dialogue
- Discussion
- Individual work
- Pair work

d) Equipment:

- Data projector
- Laptop with Wi-Fi connection
- Students' Book
- Power Point presentation prepared in advance
- Video: Self-control 2 ways to develop it
- Personality test How well do you control yourself?

Lesson structure

Lesson phase	Tasks and exercises	Methodology and equipment
1. Organisation		
	GreetingAttendance checkExplaining the lesson objectives and structure	Laptop Electronic attendance sheet
2. Motivation		
	- Arousing the students' interest in gaining information and knowledge about self-control and polite behaviour by means of explaining the importance of the topic	
3. Practise	-	
	 Exposition of new topic by means of Power Point presentation prepared in advance 	Power Point presentation (dialogue)
	- Filling in the personality test on the topic of self-control individually	Personality test – How well do you control yourself? (individual work)
	 Watching the video The basics of polite behaviour 	Video – Self-control – 2 ways to develop it
	 Role play: The right ways of greeting and hand-shaking 	Pair work
4. Summary		
	 Revision based of the questions about the topics discussed during the lesson 	Individual answers