



How much money do I eat

Situation. Students will analyze cost of food production for their eating habits now vs their parents/grandparents. They discussed before about healthy food and its impact.



Aim:

- ✓ Analyze past and present eating habits.
- ✓ Turn attention to price and quality changes.
- ✓ Give recommendations to change friend's eating habits.

Activities:

- Using interview method, students inquire their parents about food which they bought and write prices.
- Using Infographic programme, students make a presentation of comparing their own and parents menu:
 - Natural food
 - Price
- Present and compare their eating habits and draw conclusions .





Results:

We vs Parents

We	Parents
BREAKFAST	BREAKFAST
cereal - 0.86€	tea - 0.05€
milk - 1€	bun with jam - 0.03€
LUNCH	LUNCH
hamburger - 1.50€	zeppelins - 0.40€
fries - 1.20€	milk - 0.10€
Sprite - 0.54€	DINNER
DINNER	soup - 0.08€
pizza - 4.15€	dumplings - 0.30€
juice - 0.75€	
TOTAL: 10.50€	TOTAL: 0.96€

Includes images of various food items like burgers, fries, pizza, and dumplings.

We VS Parents

We	Parents
Breakfast	Breakfast
Sandwiches - 0.87€	Pancakes - 0.10€
Tea - 0.43€	Cocoa - 0.04€
Lunch	Lunch
Pizza - 3.49€	Zeppelins - 0.18€
Milksake - 1.50€	Compote - 0.02€
Dinner	Dinner
Chicken - 2.17€	Soup - 0.06€
Juice - 0.58€	Tea - 0.03€
Total: 9.04€	Total: 0.43€

DELICIOUS DISHES

Drink water and be happy

Eat hamburgers and be fat

WE VS PARENTS

WE	PARENTS
BREAKFAST	BREAKFAST
yogurt 0.55€	egg 0.1€
tea 0.05€	cocoa 0.16€
LUNCH	LUNCH
pizza 4.15€	dumplings 0.3€
Coca-Cola 0.72€	soup 0.07€
DINNER	DINNER
steak 3€	cereal 0.15€
lemonade 0.5€	tea 0.05€
SNACKS	SNACKS
twix 0.69€	bun 0.03€
TOTAL: 9.66€	0.89€

Includes various food icons like pizza, burger, fries, and drinks.