



Co-funded by the
Erasmus+ Programme
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Erasmus+ project: Essential Life Skills

3rd Transnational Project Meeting, Nidzica Poland

8-12.04.2019

Objectives of the meeting:

During the last transnational project meeting the project and its outputs will be evaluated, the progress, evaluation and implementation of the project will be monitored for the last time, the quality of the project's activities and outcomes will be assessed and assured. Moreover, the final report will be written.

The objectives were achieved through a well and carefully planned program – enough time for the coordinators' meetings, ensuring proper space and equipment.

Another objective is to catch a glimpse of the history and culture of the Polish partner.

At the TPM, which is happening simultaneously to the 5th LTT event, teachers will be involved to some extent in a self-improving workshop.

The objectives were achieved through the series of activities, a workshop and excursions that the participants took part in.

Description of the meeting – mobility day by day:

The first day of our mobility, Monday 8th April, started with a three-hour coordinators' meeting during which the project's implementation, products, evaluation and dissemination were once again analysed, assessed and discussed.

In the afternoon, after lunch, all the meeting participants took part in a questing game, which aimed to familiarize them with the town of Nidzica and its landmarks. Afterwards, everyone watched a film about fighting prejudices and promoting tolerance towards others.

The second day of the mobility, Tuesday 9th April, was devoted mostly to writing the final report. For this reason, the coordinators' meeting started in the morning and lasted for the first half of the day. In the afternoon, teachers took part in a workshop/seminar: "Me, myself and I" led by our guest lecturer Ms Martyna Kotyśko, PhD, a psychologist from the University of Warmia and Masuria, an expert on the topics of stress and anger management and social inclusion. It was a workshop on how to identify the symptoms of stress and anger, and how to deal with stress and negative emotions in a constructive way.

The third day of our mobility, Wednesday 10th April, started with a guided tour of Olsztyn and its landmarks: Old Town with its Castle, monuments of Nicolaus Copernicus and the cathedral.

Participants also visited the central park of Olsztyn and Museum of Modernity. After that, teachers again, for the third time, met at coordinators' meeting to write the final report.

On Thursday, 11th April, project participants visited the capital of Poland – Warsaw. They went on a guided tour of the Old Town, with its landmarks: the Royal Castle, Old Market, Statue of Mermaid and the Column of Zygmunt III. Then they walked the Royal Route, including stops at the Presidential Palace and Tomb of Unknown Soldier. The tour ended at the Park of the Royal Baths, visiting the Palace on the Isle.

On Friday, April the 12th, coordinators met for the final coordinators' meeting, finished the report and summed up the project. Next they set off to Pottery Village (Kamionka), a place preserving and showing the traditional crafts of the region, where they took part in pottery making workshops.

After the workshops, the final ceremony, handing out the certificates to all the participants, was conducted.

Program of the meeting:

Monday, 8th of April

9:00 – 13:00	Coordinators' meeting.
13:00	Lunch
14:30	The Amazing Race: Activity for students and teachers (to break the ice), they play in international teams, students start earlier.
16:30	Watching a film <i>Wonder</i> .

Tuesday, 9th of April

9:30-11:00	Coordinators' meeting.
11:00-11:15	Coffee break.
11:30-13:00	Coordinators' meeting.
13:30	Lunch.
15:00-16:30	Workshop: Me, myself and I - dealing with stress and emotions.

Wednesday, 10th of April

9:00-12:30	Trip to Olsztyn: Visiting the Castle and Old Town - guided tour.
12:30-13:30	Lunch.
14:00-17:00	Coordinators' meeting.

19:00 Ceremonial Dinner for teachers.

Thursday, 11th of April

7:30 – 20:00 All-day trip to Warsaw: Guided walking tour in the Old Town, lunch and free time in a shopping centre.

Friday, 12th of April

9:00 – 12:00 Coordinators' meeting.

12: 00 – 15:00 Setting off to Pottery Village in Kamionka2: pottery making workshop. Lunch in pottery village. Certificate ceremony.

The participants of 4th LTT event

Slovakia: Anna Šarlinová, Eva Ladňáková

Greece: Dimitris Apostolou, Evangelos Anastasiou

Lithuania: Lineta Dargienė , Aušra Paulikaitė

Italy: Maria Ferrara, Anna Rita Auriemma

Poland: Grażyna Wiał-Kisielińska, Agata Dutkowska